



Shelia Bell-Ford is the AAA (Area Agency on Aging) Director for Central Midlands Council of Governments with 27 years of experience. She holds a Bachelor's Degree in Social Work from Limestone College, an Associate of Arts degree in Human Services and Paralegal Services from Midlands Technical College. She is a Certified SHIP Counselor, Certified Information and Referral Specialist in Aging (CRS-A/D), Certified Ombudsman Witness, Serv-Safe Certification for the Central Midlands Region and Human Services Board-Certified Practitioner (HS-BCP).